



## SAMPLE COURSE PROGRAMME

### Training of Civilian Experts for Deployment in International Peace Missions Operations



## HOSTILE ENVIRONMENT AWARENESS TRAINING

### *Day 1, Friday*

ca. 16.00	Arrival, check in, coffee
16.30 – 17.00	Welcome coffee
17.00 – 18.00	Course opening, facilitators and participants introduction
18.00 – 19.00	Personal security in the field I
19.30	Dinner

### *Day 2, Saturday*

Until 08.30	Breakfast
08.45 – 09.00	Daily debriefing
09.00 – 10.30	Stress management: Before departure
10.30 – 10.45	Coffee break
10.45 – 12.30	Personal security in the field II
12.30 – 13.30	Lunch break
13.30 – 15.15	Personal security in the field III
15.15 – 15.30	Coffee break
15.30 – 18.00	Personal security in the field IV
18.30	Dinner



### ***Day 3, Sunday***

Until 08.00	Breakfast
08.30	Pick up
09.00 – 17.30	4x4 Off-road driving training
18.30	Dinner

### ***Day 4, Monday***

06.30 - 07.30	Breakfast
08.00	Pick up by the German Armed Forces, transfer to barracks
08.30 – 10.00	Check-in at admin-office (Bldg 57) and accommodation (Bldg 235)
10.00 – 10.45	Welcome address and introduction
10.45 – 11.45	Stress management - relaxation exercises
11.45	Group picture
12.00 - 12.30	Lunch at Bldg 230
12.30 – 13.00	Organizational time: individual preparation for practical training (body armor, helmet, personal equipment)
13.15 – 13.30	Transport to practical training (Bonnland)
13.30 – 16.15	Practical training: behaviour under warfare agent threats
16.45 – 18.00	Stress management: during mission
18.30	Dinner

### ***Day 5, Tuesday***

06.15 - 07.00	Breakfast at Bldg 230
07.30 – 07.45	Daily situation update
07.45 – 09.15	Security briefing I+II: mission preparation, risk analysis, incident management, behaviour under fire
09.15 – 11.30	First aid in the field training
11.45 – 12.15	Lunch at Bldg 230
12.15 – 12.45	Transport to practical training
12.45 – 16.15	Practical training: behaviour under fire, ballistic threat awareness, teamwork in hostile environments, behaviour in crowd scenario
16.45 – 18.00	Stress management: after mission, emotional first aid
18.30	Dinner at Bldg 230



### ***Day 6, Wednesday***

06.15 - 07.00	Breakfast at Bldg 230
07.30 - 07.45	Daily situation update
07.45 - 08.30	Security briefing III: behaviour in crisis areas
08.30 - 09.00	Security briefing IV: UN Voice and radio procedures
09.00 - 09.45	Security briefing V: map reading, orientation in the field
9.45 - 11.15	Security briefing VI: behaviour in complex situations, phases of hostage taking, behaviour as a hostage, coping with stress
11.30 - 11.45	Preparation time
11.45 - 12.15	Lunch at Bldg 230
12.15 - 12.45	Preparation for practical training
13.00 - 24.00	Practical training: behaviour in complex situations

### ***Day 7, Thursday***

00.00 - 15.00	Practical training: behaviour in complex situations
19.30	Farewell dinner at Schloss Saleck (tbc)

### ***Day 8, Friday***

06.15 - 07.00	Breakfast
07.00 - 08.00	Check out, return of equipment
08.00 - 11.30	Debriefing complex situation, course feedback
12.00	Departure, Transfer to the Hammelburg train station